

MSHSL Section 5AAA Championships
Forest Lake HS - 5/27/2026 to 5/29/2026

Results**Girls 100 Meter Dash**

Section: 11.78 S 2017 Anna Keefer

Name	Yr	School	Prelims
Preliminaries			
1 Payton Young	12	Osseo	12.24QNWI
2 Daysetta Zulu	11	Osseo	12.28QNWI
3 Crystal Nehwah	10	Park Center	12.42QNWI
4 Esther Obaye	12	Osseo	12.31qNWI
5 Jade Rathke	10	Spring Lake	12.54qNWI
6 Gifty Aboagye	10	Mounds View	12.65qNWI
7 Shamere Chatman	12	Park Center	12.74qNWI
8 Mauri Passley	8	Park Center	12.83qNWI
9 Olivia Osonowo	12	Champlin Par	12.84qNWI
10 Nevaeh Griffin	11	Spring Lake	12.99 NWI
11 Dalphine Wilson	12	Mounds View	13.03 NWI
12 Mckinley Shultz	9	Mounds View	13.09 NWI
13 Julia Luepke	10	Maple Grove	13.19 NWI
14 Kamylla Bate	11	Roseville Ar	13.36 NWI
15 Sariah White	10	Champlin Par	13.39 NWI
16 Emily Lein	9	Maple Grove	13.42 NWI
17 Ella Schumacher	12	Maple Grove	13.45 NWI
18 Talo Stevens	9	Irondale	13.45 NWI
19 Adelyn Dewey	10	Spring Lake	13.54 NWI
20 Keegan Campos	10	Roseville Ar	13.59 NWI
21 Damore'a Wilson	11	Irondale	13.67 NWI
22 Chloe Kloppner	11	Roseville Ar	13.91 NWI
23 Trinity Myers	11	Irondale	13.97 NWI
24 Shalece Andrews	12	Champlin Par	14.94 NWI

Girls 100 Meter Dash

Section: 11.78 S 2017 Anna Keefer

Name	Yr	School	Finals
Finals			
1 Esther Obaye	12	Osseo	12.29 12
2 Payton Young	12	Osseo	12.46 10
3 Daysetta Zulu	11	Osseo	12.50 8
4 Jade Rathke	10	Spring Lake	12.71 6
5 Crystal Nehwah	10	Park Center	12.83 5
6 Olivia Osonowo	12	Champlin Par	12.94 4
7 Mauri Passley	8	Park Center	13.00 3
8 Gifty Aboagye	10	Mounds View	13.08 2
9 Shamere Chatman	12	Park Center	13.13 1

Girls 200 Meter Dash

Section: 24.20 S 2010 Sasha Davis

Name	Yr	School	Prelims
Preliminaries			
1 Esther Obaye	12	Osseo	24.90QNWI
2 Eva Williams	10	Maple Grove	25.35QNWI
3 Jade Rathke	10	Spring Lake	25.49QNWI
4 Crystal Nehwah	10	Park Center	25.57qNWI
5 Harper Lucachick	10	Mounds View	25.89qNWI
6 Mauri Passley	8	Park Center	25.95qNWI

7 Olivia Osonowo	12	Champlin Par	26.04qNWI
8 Shamere Chatman	12	Park Center	26.30qNWI
9 Gabriella Beison	10	Roseville Ar	26.32qNWI
10 Frankmico (Frankie) Siaw	11	Osseo	26.44 NWI
11 Sophia Waite	12	Maple Grove	26.64 NWI
12 Sola Mcghee	12	Irondale	26.71 NWI
13 Nora Shelton	10	Maple Grove	26.80 NWI
14 Racheal Ogunjinmi	9	Spring Lake	26.91 NWI
15 Kamylla Bate	11	Roseville Ar	27.52 NWI
16 Ashley Chiang	10	Roseville Ar	27.67 NWI
17 Davina Swen	9	Champlin Par	27.84 NWI
18 Precious Toe	12	Osseo	27.85 NWI
19 Elinore Dewey	8	Spring Lake	27.91 NWI
20 Talo Stevens	9	Irondale	27.98 NWI
21 Christianah Farombi	11	Irondale	28.19 NWI
22 Lauren Carey	10	Champlin Par	28.28 NWI
23 Ayla Aitkin	9	Mounds View	28.48 NWI
24 Julia Choi	9	Mounds View	28.80 NWI

Girls 200 Meter Dash

Section: 24.20 S 2010 Sasha Davis

Name	Yr	School	Finals
Finals			
1 Esther Obaye	12	Osseo	24.81 12
2 Eva Williams	10	Maple Grove	25.38 10
3 Jade Rathke	10	Spring Lake	25.80 8
4 Crystal Nehwah	10	Park Center	25.98 6
5 Gabriella Beison	10	Roseville Ar	26.17 5
6 Mauri Passley	8	Park Center	26.25 4
7 Olivia Osonowo	12	Champlin Par	26.54 3
8 Shamere Chatman	12	Park Center	26.75 2
--- Harper Lucachick	10	Mounds View	DNS -0.8

Girls 400 Meter Dash

Section: 53.47 S 6/2/2023 Jordyn Borsch

Name	Yr	School	Prelims
Preliminaries			
1 Lillian Waite	12	Maple Grove	57.98Q
2 Eva Williams	10	Maple Grove	58.02Q
3 Natalie Drake	12	Roseville Ar	58.93Q
4 Ava Myers	10	Mounds View	59.23q
5 Olivia Osonowo	12	Champlin Par	59.38q
6 Eleanor Rohrer	9	Spring Lake	1:00.54q
7 Sophia Waite	12	Maple Grove	1:01.01q
8 Mya Morgan	9	Champlin Par	1:03.16q
9 Sheree Roberts	12	Park Center	1:03.17q
10 Siri Eckman	10	Mounds View	1:03.63
11 Ashley Chiang	10	Roseville Ar	1:03.69
12 Abigail Swenson	10	Mounds View	1:03.89
13 Massaneh Dolo	10	Osseo	1:06.22
14 Keegan Campos	10	Roseville Ar	1:06.69
15 Norah Mevissen	11	Irondale	1:06.73
16 Berean Bock	10	Spring Lake	1:07.48
17 Harmony Kemp	12	Osseo	1:07.85
18 Ava Nix	8	Irondale	1:08.48

MSHSL Section 5AAA Championships**Forest Lake HS - 5/27/2026 to 5/29/2026****Results****Preliminaries ... (Girls 400 Meter Dash)**

Name	Yr	School	Prelims
19 Sofia Marcellus	9	Irondale	1:10.90
20 Maya Fritschel	10	Champlin Par	1:11.72
--- Lauren Meier	9	Spring Lake	DNS
--- Fanta Konneh	9	Park Center	DNS

Girls 400 Meter Dash**Section: 53.47 S 6/2/2023 Jordyn Borsch**

Name	Yr	School	Finals
Finals			
1 Lillian Waite	12	Maple Grove	56.92 12
2 Eva Williams	10	Maple Grove	57.78 10
3 Natalie Drake	12	Roseville Ar	57.79 8
4 Ava Myers	10	Mounds View	57.85 6
5 Olivia Osonowo	12	Champlin Par	58.42 5
6 Eleanor Rohrer	9	Spring Lake	59.64 4
7 Sophia Waite	12	Maple Grove	1:00.28 3
8 Mya Morgan	9	Champlin Par	1:01.11 2
9 Sheree Roberts	12	Park Center	1:02.58 1

Girls 800 Meter Run**Section: 2:14.51 S 2012 Maddi Sjelin**

Name	Yr	School	Prelims
Preliminaries			
1 Rebecca Lang	11	Maple Grove	2:19.26Q
2 Hayden Anderson	12	Irondale	2:20.65Q
3 Mackenzie Laux	11	Maple Grove	2:24.31Q
4 Ashley Damsgard	10	Osseo	2:21.18q
5 Leah Marchek	11	Mounds View	2:25.53q
6 Freya Olson	9	Roseville Ar	2:26.66q
7 Gracia Damsgard	7	Osseo	2:27.79q
8 Elinor Rogers	11	Roseville Ar	2:28.69q
9 Kara Linder	11	Maple Grove	2:29.23q
10 Harper Vestrum	7	Roseville Ar	2:29.38
11 Mia Christianson	11	Irondale	2:33.78
12 Maren Van Schyndel	9	Mounds View	2:36.06
13 Elizabeth Hartman	8	Mounds View	2:37.99
14 Milla Erickson	11	Spring Lake	2:39.44
15 Annie Zabel	11	Champlin Par	2:42.77
16 Elsa Rundquist	8	Osseo	2:45.27
17 Hailey Brockmann	9	Park Center	2:45.84
18 Iris Ferris	10	Spring Lake	2:45.89
19 Azalya McNeely	12	Champlin Par	2:46.76
20 Grace Ehlert	8	Irondale	2:48.14
21 Naemah Smith	11	Park Center	2:58.22
22 Na Duong	11	Park Center	3:06.47
--- Nora Rajkowski	10	Champlin Par	DQ
--- Landry Schoeman	11	Spring Lake	DNS

Girls 800 Meter Run**Section: 2:14.51 S 2012 Maddi Sjelin**

Name	Yr	School	Finals
Finals			
1 Mackenzie Laux	11	Maple Grove	2:11.72S 12

2 Rebecca Lang	11	Maple Grove	2:11.77S 10
3 Hayden Anderson	12	Irondale	2:12.65S 8
4 Ashley Damsgard	10	Osseo	2:21.92 6
5 Leah Marchek	11	Mounds View	2:24.74 5
6 Kara Linder	11	Maple Grove	2:26.61 4
7 Elinor Rogers	11	Roseville Ar	2:27.87 3
8 Gracia Damsgard	7	Osseo	2:29.28 2
9 Freya Olson	9	Roseville Ar	2:29.57 1

Girls 1600 Meter Run**Section: 4:57.23 S 2021 Alexandra Weimer**

Name	Yr	School	Finals
Finals			
1 Linnea Ousdigian	11	Mounds View	5:11.15 12
2 Sophie Stephens	12	Irondale	5:11.37 10
3 Ashley Damsgard	10	Osseo	5:15.41 8
4 April Watson	12	Maple Grove	5:18.03 6
5 Genevieve Rajkowski	9	Spring Lake	5:23.13 5
6 Summer Ode	11	Maple Grove	5:27.14 4
7 Gracia Damsgard	7	Osseo	5:35.75 3
8 Cora Lewis	7	Osseo	5:36.66 2
9 Dakota Laux	9	Maple Grove	5:37.20 1
10 Eliana Monaghan	8	Roseville Ar	5:42.15
11 Cora Gentry	10	Mounds View	5:42.57
12 Flora Lunos	8	Roseville Ar	5:45.02
13 Lillian Freeman	10	Roseville Ar	5:47.15
14 Morgan Rother	10	Champlin Par	6:00.53
15 Emma Stupar	11	Mounds View	6:00.54
16 Mitsue Rajkowski	9	Spring Lake	6:00.57
17 Sophia Grossman	12	Champlin Par	6:09.30
18 Luella Nolte	11	Irondale	6:21.82
19 Larali Larson	12	Park Center	6:23.39
20 Rylee Berlin	7	Spring Lake	6:36.34
21 Miriam Robertson	11	Irondale	6:51.64
22 Alayna Carlson	12	Champlin Par	6:57.43
23 Elilly Khalil	12	Park Center	8:44.01

Girls 3200 Meter Run**Section: 10:44.48 S 5/28/2025 Linnea Ousdigian**

Name	Yr	School	Finals
Finals			
1 Linnea Ousdigian	11	Mounds View	11:16.53 12
2 Sophie Stephens	12	Irondale	11:17.11 10
3 Adela Peterson	12	Mounds View	11:25.47 8
4 Madelyn Schmaltz	8	Mounds View	11:59.62 6
5 Ella Van kirk	9	Maple Grove	12:15.80 5
6 Ella McLuen	10	Maple Grove	12:16.53 4
7 Anna Femrite	10	Maple Grove	12:19.14 3
8 Genevieve Rajkowski	9	Spring Lake	12:20.40 2
9 Cora Lewis	7	Osseo	12:28.30 1
10 Lillian Freeman	10	Roseville Ar	12:57.24
11 Morgan Rother	10	Champlin Par	13:14.91
12 Eliana Monaghan	8	Roseville Ar	13:16.15
13 Anna Rogers	8	Roseville Ar	13:23.05
14 Ingrid Sheck	9	Spring Lake	13:44.65
15 Presley Allen	11	Osseo	13:50.17

MSHSL Section 5AAA Championships
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Results

Finals ... (Girls 3200 Meter Run)

Name	Yr	School	Finals
16 Julianna Mindiola	10	Osseo	13:50.77
17 Grace Williams	9	Spring Lake	13:54.61
18 Fiona Hamilton	9	Irondale	14:13.39
19 Courtney Gluth	10	Champlin Par	14:22.44
20 Elizabeth McDaniel	8	Irondale	14:50.61
21 Leila Lyles	12	Champlin Par	16:01.22

Girls 100 Meter Hurdles

Section: 14.21 S 2014		Alexandra Williams	
Name	Yr	School	Prelims
Preliminaries			
1 Allison Richter	11	Mounds View	15.19QNW1
2 Aubrey Steel	12	Maple Grove	15.29QNW1
3 Azelle Besemann	12	Irondale	15.53QNW1
4 Claire Nelson	12	Park Center	15.40q NW1
5 Lashara Goode	12	Park Center	15.88q NW1
6 Willa Coylewright	11	Roseville Ar	16.11q NW1
7 Azeezat Adeduntan	9	Park Center	16.45q NW1
8 Emerson Young	7	Mounds View	17.38q NW1
9 Precious Okonkwo	10	Champlin Par	17.50q NW1
10 Irene Chacko	10	Maple Grove	17.58 NW1
11 Suriya Xiong	12	Osseo	18.17 NW1
12 Josie Kuipers	12	Irondale	18.19 NW1
13 London Gilbertson	8	Irondale	18.22 NW1
14 Uzo Okonkwo	11	Champlin Par	18.33 NW1
15 Rachel Clausen	9	Spring Lake	18.45 NW1
16 Vanessa Yevu	12	Champlin Par	18.53 NW1
17 Sophia Stromstad	10	Roseville Ar	18.65 NW1
18 Chloe Kruger	10	Maple Grove	18.69 NW1
19 Evangeline Gehrz	10	Roseville Ar	18.80 NW1
20 Emery Johnson	8	Mounds View	19.18 NW1
21 Aleya Feidt	10	Spring Lake	19.41 NW1
22 Elizabeth Goetz	9	Spring Lake	19.83 NW1
23 Sidney Barnard	9	Osseo	20.00 NW1
--- Mariamu Donzo	10	Osseo	DNS NW1

Girls 100 Meter Hurdles

Section: 14.21 S 2014		Alexandra Williams	
Name	Yr	School	Finals
Finals			
1 Allison Richter	11	Mounds View	14.84 12
2 Azelle Besemann	12	Irondale	14.97 10
3 Claire Nelson	12	Park Center	15.25 8
4 Aubrey Steel	12	Maple Grove	15.25 6
5 Lashara Goode	12	Park Center	15.70 5
6 Willa Coylewright	11	Roseville Ar	15.93 4
7 Azeezat Adeduntan	9	Park Center	16.55 3
8 Precious Okonkwo	10	Champlin Par	17.43 2
9 Emerson Young	7	Mounds View	17.72 1

Girls 300 Meter Hurdles

Section: 43.43 S 2015		Julia Hayes	
Name	Yr	School	Prelims
Preliminaries			
1 Allison Richter	11	Mounds View	45.56Q
2 Aubrey Steel	12	Maple Grove	45.61Q
3 Azelle Besemann	12	Irondale	45.92Q
4 Alison Souvignier	10	Roseville Ar	47.78q
5 Willa Coylewright	11	Roseville Ar	48.05q
6 Claire Nelson	12	Park Center	49.35q
7 Georgia Archibald	11	Mounds View	49.56q
8 Elena Stave	10	Roseville Ar	50.12q
9 Irene Chacko	10	Maple Grove	50.18q
10 Amya Rogers	12	Park Center	50.74
11 Ilsa Sundberg	10	Maple Grove	51.20
12 London Gilbertson	8	Irondale	51.21
13 Josie Kuipers	12	Irondale	51.63
14 Aleya Feidt	10	Spring Lake	51.73
15 Hannah Arnebeck	8	Mounds View	51.81
16 Simeona Cooper	9	Osseo	53.35
17 Elizabeth Goetz	9	Spring Lake	54.06
18 Vanessa Yevu	12	Champlin Par	54.66
19 Suriya Xiong	12	Osseo	55.22
20 Precious Okonkwo	10	Champlin Par	56.86
21 Uzo Okonkwo	11	Champlin Par	58.03
22 Sidney Barnard	9	Osseo	58.97
--- Azeezat Adeduntan	9	Park Center	DNS
--- Haifa Hammouri	12	Spring Lake	DNS

Girls 300 Meter Hurdles

Section: 43.43 S 2015		Julia Hayes	
Name	Yr	School	Finals
Finals			
1 Allison Richter	11	Mounds View	42.46S 12
2 Azelle Besemann	12	Irondale	44.66 10
3 Aubrey Steel	12	Maple Grove	45.14 8
4 Claire Nelson	12	Park Center	45.91 6
5 Alison Souvignier	10	Roseville Ar	46.54 5
6 Willa Coylewright	11	Roseville Ar	46.87 4
7 Elena Stave	10	Roseville Ar	48.11 3
8 Georgia Archibald	11	Mounds View	48.38 2
9 Irene Chacko	10	Maple Grove	50.01 1

Girls 4x100 Meter Relay

Section: 48.14 S 5/31/2024 Champlin Park		
A Easley, M Shipman, J Wilson, O Osonowo		
Team	Relay	Finals
Finals		
1 Osseo		47.06S 12
1) Frankmico (Frankie) Siaway	2) Payton Young	12
3) Esther Obaye	4) Daysetta Zulu	11
2 Park Center		48.31 10
1) Kyra Spencer	2) Mauri Passley	8
3) Shamere Chatman	4) Crystal Nehwah	10

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Results**Finals ... (Girls 4x100 Meter Relay)**

Team	Relay	Finals
3 Mounds View		49.40 8
1) Gifty Aboagye 10	2) Harper Lucachick 10	
3) Daphine Wilson 12	4) Mckinley Shultz 9	
4 Spring Lake Park		50.58 6
1) Megan Gatlin 9	2) Adelyn Dewey 10	
3) Nevaeh Griffin 11	4) Racheal Ogunjinmi 9	
5 Champlin Park		51.26 5
1) Precious Okonkwo 10	2) Sariah White 10	
3) Georgia Freeman 10	4) Davina Swen 9	
6 Roseville Area		51.40 4
1) Chloe Kloeppner 11	2) Kamylla Bate 11	
3) Viviana Araya 9	4) Keegan Campos 10	
7 Maple Grove		51.51 3
1) Nora Shelton 10	2) Lucy Spatafore 9	
3) Julia Luepke 10	4) Ella Schumacher 12	

Girls 4x200 Meter Relay**Section: 1:40.76 S 2004****Minneapolis Washburn**

Team	Relay	Finals
Finals		
1 Maple Grove		1:41.02 12
1) Nora Shelton 10	2) Eva Williams 10	
3) Sophia Waite 12	4) Lillian Waite 12	
2 Mounds View		1:41.70 10
1) Harper Lucachick 10	2) Allison Richter 11	
3) Georgia Archibald 11	4) Ava Myers 10	
3 Roseville Area		1:44.17 8
1) Gabriella Beison 10	2) Jayda Wilson 12	
3) Alison Souvignier 10	4) Natalie Drake 12	
4 Park Center		1:47.22 6
1) Vanessa Rucker 10	2) Lashara Goode 12	
3) Lyric Singleton 12	4) Fanta Konneh 9	
5 Spring Lake Park		1:48.46 5
1) Eleanor Rohrer 9	2) Adelyn Dewey 10	
3) Elinore Dewey 8	4) Nevaeh Griffin 11	
6 Osseo		1:48.84 4
1) Precious Toe 12	2) Harmony Kemp 12	
3) Daysetta Zulu 11	4) Praise Karto 10	
7 Champlin Park		1:49.41 3
1) Mya Morgan 9	2) Davina Swen 9	
3) Georgia Freeman 10	4) Lauren Carey 10	
8 Irondale		1:50.11 2
1) Josie Kuipers 12	2) Talo Stevens 9	
3) London Gilbertson 8	4) Sola McGhee 12	

Girls 4x400 Meter Relay**Section: 3:56.95 S 2009****Mounds View**

Team	Relay	Finals
Finals		
1 Maple Grove		3:53.39S 12
1) Rebecca Lang 11	2) Aubrey Steel 12	
3) Mackenzie Laux 11	4) Lillian Waite 12	

2 Mounds View		4:00.42 10
1) Althea Barlow 7	2) June Carrigan 8	
3) Adela Peterson 12	4) Ava Myers 10	
3 Roseville Area		4:04.24 8
1) Gabriella Beison 10	2) Elena Stave 10	
3) Alison Souvignier 10	4) Natalie Drake 12	
4 Irondale		4:06.72 6
1) Sola McGhee 12	2) Hayden Anderson 12	
3) Azelle Besemann 12	4) Sophie Stephens 12	
5 Spring Lake Park		4:13.11 5
1) Kimberly Schleisman 9	2) Eleanor Rohrer 9	
3) Rachel Clausen 9	4) Jade Rathke 10	
6 Park Center		4:18.76 4
1) Fanta Konneh 9	2) Vanessa Rucker 10	
3) Amya Rogers 12	4) Sheree Roberts 12	
7 Osseo		4:22.89 3
1) Harmony Kemp 12	2) Ashley Damsgard 10	
3) Gracia Damsgard 7	4) Massaneh Dolo 10	
8 Champlin Park		4:38.78 2
1) Mya Morgan 9	2) Maya Fritschel 10	
3) Kylie Aswegan 12	4) Vanessa Yevu 12	

Girls 4x800 Meter Relay**Section: 9:23.21 S 2016****Anoka**

Team	Relay	Finals
Finals		
1 Maple Grove		9:27.28 12
1) April Watson 12	2) Dakota Laux 9	
3) Mackenzie Laux 11	4) Rebecca Lang 11	
2 Mounds View		9:40.40 10
1) Leah Marchek 11	2) Maren Van Schyndel 9	
3) Madelyn Schmaltz 8	4) Adela Peterson 12	
3 Roseville Area		9:58.18 8
1) Briony Jubert 9	2) Freya Olson 9	
3) Harper Vestrum 7	4) Elinor Rogers 11	
4 Spring Lake Park		10:54.38 6
1) Milla Erickson 11	2) Megan Gatlin 9	
3) Ruth Beck 9	4) Iris Ferris 10	
5 Osseo		11:12.31 5
1) Julianna Mindiola 10	2) Elsa Rundquist 8	
3) Caroline Rundquist 7	4) Tessa Kuebelbeck 9	
6 Park Center		12:36.57 4
1) Larali Larson 12	2) Hailey Brockmann 9	
3) Na Duong 11	4) Elilly Khalil 12	
--- Champlin Park		DQ
1) Nora Rajkowski 10	2) Zinnia McNeely 11	
3) Annie Zabel 11	4) Azalya McNeely 12	

Girls High Jump**Section: 5-11 S 2019****Madison Schmidt**

Name	Yr	School	Finals
Finals			
1 Sophia Gholson-Johnson	11	Roseville Ar	5-02.00 12
2 Allison Richter	11	Mounds View	5-00.00 10
3 Leah Biyadgign	11	Roseville Ar	5-00.00 8
4 Kiana Davis	12	Osseo	4-10.00 5.5

MSHSL Section 5AAA Championships
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Results**Finals ... (Girls High Jump)**

	Name	Yr	School	Finals
4	Madeline Elliott	11	Maple Grove	4-10.00 5.5
6	Sola McGhee	12	Irondale	4-10.00 4
7	Willa Coylewright	11	Roseville Ar	4-10.00 3
8	Ophelia Schomaker	10	Champlin Par	4-08.00 2
9	Simeona Cooper	9	Osseo	4-08.00 1
10	Berean Bock	10	Spring Lake	4-06.00
10	Mya Morgan	9	Champlin Par	4-06.00
10	Chloe Kruger	10	Maple Grove	4-06.00
13	Suriya Xiong	12	Osseo	4-06.00
14	Azeezat Adeduntan	9	Park Center	4-06.00
14	Hannah Arnebeck	8	Mounds View	4-06.00
---	Amya Rogers	12	Park Center	NH
---	Helena Sheck	7	Spring Lake	NH
---	Adeline Peterson	10	Mounds View	NH
---	Lindsey Moore	11	Maple Grove	NH
---	Genesis Corral Gallarzo	11	Park Center	NH

Girls Pole Vault

Section:	13-06 S 2018	Julia Fixsen			
Name	Yr	School	Finals		
Finals					
1	Jayda Wilson	12	Roseville Ar	10-10.00	12
2	Alison Souvignier	10	Roseville Ar	10-10.00	10
3	Lucia Blaseck	12	Mounds View	10-10.00	8
4	Chloe Kloepfner	11	Roseville Ar	10-04.00	6
5	Sasha Kowalski	12	Maple Grove	10-04.00	5
6	Avery Besemann	9	Irondale	9-10.00	4
7	Ophelia Schomaker	10	Champlin Par	9-04.00	3
8	Lily Bruemmer	12	Osseo	9-04.00	2
9	Gabriella Santiago	9	Spring Lake	9-04.00	0.5
9	Abigail Grose	12	Mounds View	9-04.00	0.5
11	McKenna Miller	12	Mounds View	8-10.00	
12	Kayla Reese	12	Maple Grove	8-10.00	
13	Addison Nichols	10	Maple Grove	8-10.00	
14	Juliet Zieska	9	Champlin Par	8-10.00	
---	Ava Armstrong	11	Park Center	NH	
---	Cheyenne Hall	10	Park Center	NH	
---	Kara Spital	9	Irondale	NH	
---	Erin Rippe	9	Spring Lake	NH	
---	Amya Rogers	12	Park Center	NH	
---	Lauren Meier	9	Spring Lake	NH	
---	Elizabeth Denler	12	Champlin Par	NH	
---	Clara Higgins	10	Osseo	NH	
---	Alexis Anderson	9	Irondale	NH	

Girls Long Jump

Section: 19-08.25 S 2017		Anna Keefer		
Name		Yr	School	Finals
Finals				
1	Payton Young	12	Osseo	19-09.75S 12
2	Jayda Wilson	12	Roseville Ar	18-01.00 10
3	Lashara Goode	12	Park Center	17-11.50 8
4	Claire Nelson	12	Park Center	17-03.75 6
5	Madeline Gaedy	9	Roseville Ar	17-02.25 5

6	Gabriella Beison	10	Roseville Ar 17-01.00 4
7	Kiana Davis	12	Osseo 17-00.00 3
8	Rachel Clausen	9	Spring Lake 16-10.50 2
9	Kimberly Schleisman	9	Spring Lake 16-10.00 1
10	Amiah Lane	11	Osseo 16-08.50 +0.0
11	Sariah White	10	Champlin Par 16-06.00 0.6
12	Megan Gatlin	9	Spring Lake 16-05.00 0.1
13	Liliana Peterson	10	Mounds View 16-04.25 0.4
14	Sara Stern	11	Maple Grove 16-03.50 0.1
15	Dalphine Wilson	12	Mounds View 16-03.00 +0.0
16	Lauren Carey	10	Champlin Par 15-09.75 +0.0
17	Hailey Torkildson	12	Irondale 15-09.00 1.1
18	Jordin Freeman	10	Maple Grove 15-05.50 1.0
19	Julia Luepke	10	Maple Grove 15-04.50 0.5
20	Brianna Mills	10	Irondale 15-02.00 1.0
---	Ishimwe Gatera	9	Champlin Par FOUL
---	Georgia Archibald	11	Mounds View FOUL

Girls Triple Jump

Section: 38-04 S 5/30/2025		Anja Erickson			
Name		Yr	School	Finals	
Finals					
1	Lyric Singleton	12	Park Center	37-11.00	12
2	Jayda Wilson	12	Roseville Ar	37-02.25	10
3	Madeline Gaedy	9	Roseville Ar	36-06.75	8
4	Claire Nelson	12	Park Center	36-03.50	6
5	Lashara Goode	12	Park Center	36-03.25	5
6	Sara Stern	11	Maple Grove	35-06.00	4
7	Willa Coylewright	11	Roseville Ar	35-02.50	3
8	Kimberly Schleisman	9	Spring Lake	34-11.00	2
9	Rachel Clausen	9	Spring Lake	34-04.75	1
10	Julia Luepke	10	Maple Grove	33-09.00	+0.0
11	Lauren Carey	10	Champlin Par	32-08.00	0.1
12	Elizabeth Goetz	9	Spring Lake	32-03.50	+0.0
13	Dalphine Wilson	12	Mounds View	32-01.25	+0.0
14	Ophelia Schomaker	10	Champlin Par	31-09.25	0.7
15	Lucia Blaseck	12	Mounds View	31-08.75	0.2
16	Hailey Torkildson	12	Irondale	31-00.25	0.3
17	Suriya Xiong	12	Osseo	30-10.00	+0.0
18	Amiah Lane	11	Osseo	30-00.50	0.3
19	Trinity Myers	11	Irondale	29-09.75	+0.0
20	Sofia Priore	8	Irondale	29-02.25	+0.0
21	Uzo Okonkwo	11	Champlin Par	28-10.75	+0.0
22	Jordin Freeman	10	Maple Grove	27-05.00	0.1
23	Rute Getnet	11	Osseo	27-03.00	0.6
---	Liliana Peterson	10	Mounds View	FOUL	

Girls Shot Put

Section: 43-01 S 2010		Emily Lesser			
Name		Yr	School	Finals	
Finals					
1	Alysse Hollister	12	Mounds View	39-09.50	12
2	Nora Tilstra	10	Mounds View	38-01.50	10
3	Nina Thomas	12	Osseo	36-11.50	8
4	Greta Solem	12	Spring Lake	36-08.00	6
5	Shay Olubi	9	Mounds View	36-01.00	5

MSHSL Section 5AAA Championships
Forest Lake HS - 5/27/2026 to 5/29/2026

Results**Finals ... (Girls Shot Put)**

	Name	Yr	School	Finals
6	Annika Rouse	11	Roseville Ar	35-08.75 4
7	Layla Trauffer	11	Irondale	35-01.00 3
8	Elizabeth Ofuasia	12	Maple Grove	33-07.00 2
9	Victoria Varney	11	Osseo	33-00.50 1
10	Elayna Jefferson	9	Roseville Ar	32-10.00
11	Carly Krier	11	Maple Grove	32-03.25
12	Teisha Fleming	11	Osseo	30-00.00
13	Natalie Weaver-Olson	12	Roseville Ar	29-04.00
14	Haley Gassman	12	Maple Grove	29-03.00
15	Amelie Vanloon	11	Irondale	29-02.50
16	Abbigail Oelrich	9	Park Center	27-11.50
17	Damaris Mukuaya	12	Champlin Par	26-11.00
18	Cecilia Delfs	8	Spring Lake	25-10.50
19	Anna Lane	11	Irondale	25-10.50
20	Elliana Baker	9	Park Center	25-10.50
21	Alexis Braml	12	Champlin Par	25-06.50
22	Isatu Khan	9	Park Center	20-02.00
---	Trinny Mogaka	12	Champlin Par	DNS
---	Mariah Allen	12	Spring Lake	DNS

Girls Discus Throw

Section: 143-05 S 2004 Lillian Painter

	Name	Yr	School	Finals
Finals				
1	Greta Solem	12	Spring Lake	139-11 12
2	Alysse Hollister	12	Mounds View	124-06 10
3	Layla Trauffer	11	Irondale	120-06 8
4	Nora Tilstra	10	Mounds View	115-10 6
5	Nina Thomas	12	Osseo	111-00 5
6	Savannah Geer	10	Mounds View	109-10 4
7	Natalie Weaver-Olson	12	Roseville Ar	109-09 3
8	Annika Rouse	11	Roseville Ar	100-11 2
9	Teisha Fleming	11	Osseo	100-02 1
10	Carly Krier	11	Maple Grove	93-02
11	Alexis Olmstead	9	Roseville Ar	92-03
12	Berean Bock	10	Spring Lake	90-00
13	Sophia Jansen	11	Irondale	89-07
14	Abbigail Oelrich	9	Park Center	81-03
15	Amelie Vanloon	11	Irondale	80-10
16	Rylee Toms	12	Maple Grove	80-02
17	Victoria Varney	11	Osseo	79-10
18	Alexis Braml	12	Champlin Par	78-05
19	Persi Gaffney	11	Maple Grove	78-04
20	Lexy Mongeri	11	Champlin Par	71-04
21	Elliana Baker	9	Park Center	60-08
---	Trinny Mogaka	12	Champlin Par	DQ
---	Mariah Allen	12	Spring Lake	DQ

Boys 100 Meter Dash

Section: 10.67 S 5/31/2024 Juriad Hughes Jr.

	Name	Yr	School	Prelims
Preliminaries				
1	Anthony Kappenman	12	Irondale	S 10.60QNW

2	Makhi Clerk	12	Osseo	10.76QNW
3	Jamal Smith	12	Spring Lake	10.81QNW
4	Jon Lunde	12	Maple Grove	10.74q NW
5	Wyatt Jensen	12	Irondale	11.08q NW
6	Mario Robinson	10	Champlin Par	11.10q NW
7	Adebayo Adesina	12	Park Center	11.10q NW
8	Drake Wegscheid	12	Maple Grove	11.14q NW
10	Jonathan Smith	12	Spring Lake	11.17 NW
11	Cole Kalkwarf	11	Maple Grove	11.17 NW
12	Christian Gulyard	11	Champlin Par	11.21 NW
13	Sithsoyann Pin Mene	11	Mounds View	11.41 NW
14	Cayden Tran	12	Mounds View	11.41 NW
15	Amos Hanson	11	Roseville Ar	11.54 NW
16	Prince Axel-Assogba	10	Park Center	11.54 NW
17	Jaxson Gjovik	12	Spring Lake	11.55 NW
18	Amir Rogers	9	Champlin Par	11.58 NW
19	Jace Gryniewski	12	Irondale	11.66 NW
20	Malachi Kpou	10	Osseo	11.67 NW
21	Gavin Weiss	11	Osseo	11.78 NW
22	Quinton White	10	Roseville Ar	11.82 NW
23	Jonathan Gaysue	12	Mounds View	11.87 NW
24	Micah Weaver Olson	10	Roseville Ar	12.03 NW
---	Joshua Adokpo	11	Park Center	DQ NW

Boys 100 Meter Dash

Section: 10.67 S 5/31/2024 Juriad Hughes Jr.

	Name	Yr	School	Finals
Finals				
1	Makhi Clerk	12	Osseo	10.84 12
2	Anthony Kappenman	12	Irondale	10.86 10
3	Jamal Smith	12	Spring Lake	10.90 8
4	Jon Lunde	12	Maple Grove	11.01 6
5	Drake Wegscheid	12	Maple Grove	11.15 5
6	Mario Robinson	10	Champlin Par	11.24 4
7	Wyatt Jensen	12	Irondale	11.36 3
8	Adebayo Adesina	12	Park Center	11.41 2
---	Joshua Adokpo	11	Park Center	DQ -2.1

Boys 200 Meter Dash

Section: 21.47 S 5/31/2024 Juriad Hughes Jr.

	Name	Yr	School	Prelims
Preliminaries				
1	Anthony Kappenman	12	Irondale	21.52QNW
2	Makhi Clerk	12	Osseo	21.62QNW
3	Beckett Koons	12	Mounds View	22.05QNW
4	Jon Lunde	12	Maple Grove	21.73q NW
5	Jamal Smith	12	Spring Lake	22.00q NW
6	Wyatt Jensen	12	Irondale	22.21q NW
7	Drake Wegscheid	12	Maple Grove	22.36q NW
8	Samuel Jacobson	11	Maple Grove	22.79q NW
9	Prince Axel-Assogba	10	Park Center	22.87q NW
10	Emmanuel Monluo	12	Spring Lake	22.96 NW
11	Kaeden Saunders	10	Mounds View	22.98 NW
12	Jayvin Fully	11	Champlin Par	23.04 NW
13	Jace Gryniewski	12	Irondale	23.06 NW

MSHSL Section 5AAA Championships
Forest Lake HS - 5/27/2026 to 5/29/2026

Results**Preliminaries ... (Boys 200 Meter Dash)**

Name	Yr	School	Prelims
14 Jonah Perrozzi	11	Champlin Par	23.06 NWI
15 Paul Faleke	11	Osseo	23.31 NWI
16 Cameron Stewart	12	Spring Lake	23.31 NWI
17 Luke Montzka	12	Roseville Ar	23.47 NWI
18 Onyeka Anosike	10	Champlin Par	23.76 NWI
19 Malachi Kpou	10	Osseo	23.85 NWI
20 Damari Sahr	11	Roseville Ar	24.74 NWI
21 Amare Evans	10	Roseville Ar	25.20 NWI
--- Adebayo Adesina	12	Park Center	FS NWI
--- Godson Rufus-Okomhanru	12	Mounds View	DQ NWI
--- Joshua Adokpo	11	Park Center	DNS NWI

Boys 200 Meter Dash

Section: 21.47 S 5/31/2024 Jurriad Hughes Jr.

Name	Yr	School	Finals
Finals			
1 Anthony Kappenman	12	Irondale	21.52 12
2 Makhi Clerk	12	Osseo	21.59 10
3 Jon Lunde	12	Maple Grove	21.96 8
4 Beckett Koons	12	Mounds View	22.29 6
5 Wyatt Jensen	12	Irondale	22.38 5
6 Drake Wegscheid	12	Maple Grove	22.39 4
7 Samuel Jacobson	11	Maple Grove	22.60 3
8 Prince Axel-Assogba	10	Park Center	23.19 2
--- Jamal Smith	12	Spring Lake	DNS -0.9

Boys 400 Meter Dash

Section: 48.50 S 1984 Richard Harkwell

Name	Yr	School	Prelims
Preliminaries			
1 Beckett Koons	12	Mounds View	50.30Q
2 William Van Voorst	11	Roseville Ar	50.56Q
3 Benjamin Mulawarman	12	Maple Grove	51.69Q
4 Jamal Wamah	10	Roseville Ar	50.96q
5 Richard Ogunjinmi	11	Spring Lake	51.29q
6 Kieran Mccarthy	12	Spring Lake	51.84q
7 Matthew Mayo	12	Champlin Par	52.03q
8 Rowan Hansing	10	Mounds View	52.09q
9 Preston Johnson	11	Mounds View	52.20q
10 Shane Madison	10	Irondale	52.29
11 Brody Ebel	10	Maple Grove	52.32
12 Austin Olson	12	Osseo	52.36
13 Archibald Weah	11	Park Center	52.38
14 Micah Kpou	9	Osseo	52.68
15 Samuel Wolde	10	Spring Lake	53.00
16 Abu-bakar Abdusalam	12	Irondale	53.44
17 Nicholas Cooper	10	Roseville Ar	53.45
18 Rufus Weede	10	Champlin Par	53.68
19 Emmanuel Herrera-Ramiro	10	Osseo	54.18
20 Daniel Sher	11	Maple Grove	54.39
21 Levi Boehler	11	Park Center	54.41
22 Christopher Farombi	11	Irondale	55.06
23 Chestine Thomas	12	Park Center	57.18

--- Baylor Dwinal 11 Champlin Par DQ

Boys 400 Meter Dash

Section: 48.50 S 1984 Richard Harkwell

Name	Yr	School	Finals
Finals			
1 Beckett Koons	12	Mounds View	49.33 12
2 William Van Voorst	11	Roseville Ar	50.19 10
3 Jamal Wamah	10	Roseville Ar	50.30 8
4 Benjamin Mulawarman	12	Maple Grove	51.01 6
5 Richard Ogunjinmi	11	Spring Lake	51.02 5
6 Preston Johnson	11	Mounds View	51.09 4
7 Rowan Hansing	10	Mounds View	51.30 3
8 Kieran Mccarthy	12	Spring Lake	51.38 2
9 Matthew Mayo	12	Champlin Par	53.06 1

Boys 800 Meter Run

Section: 1:53.39 S 2009 Harun Abda

Name	Yr	School	Prelims
Preliminaries			
1 Asad Farah	12	Osseo	1:58.23Q
2 Jolaun Lewis	12	Champlin Par	1:58.86Q
3 Tate McDonald	12	Mounds View	2:00.66Q
4 Hunter Miller	11	Mounds View	2:01.51q
5 Ben Sanvik	12	Osseo	2:01.94q
6 Jakob Browers	9	Park Center	2:03.75q
7 Cooper Anderson	10	Champlin Par	2:03.98q
8 Emery Klein	12	Mounds View	2:04.95q
9 Eli Berg	11	Osseo	2:05.40q
10 Andrew DeVries	8	Maple Grove	2:06.46
11 Marshall Roper	12	Champlin Par	2:06.79
12 Cooper Herzog	11	Spring Lake	2:07.80
13 Evan Brigger	10	Roseville Ar	2:08.03
14 Kevin Knutson	11	Park Center	2:08.32
15 Jordan Reutiman	10	Roseville Ar	2:10.41
16 Oliver O'Donnell	10	Irondale	2:10.46
17 Christopher Feela	11	Maple Grove	2:11.23
18 William Buttke	11	Maple Grove	2:11.55
19 Samuel Blomquist	10	Spring Lake	2:11.61
20 Parker Nguyen	9	Irondale	2:16.62
21 Daniel Carbajal	12	Park Center	2:17.21
22 Nathaniel Kosbab	12	Spring Lake	2:17.29
23 Colston Nelson	10	Irondale	2:17.41
24 Sudeysi Hussein	10	Roseville Ar	2:17.97

Boys 800 Meter Run

Section: 1:53.39 S 2009 Harun Abda

Name	Yr	School	Finals
Finals			
1 Asad Farah	12	Osseo	1:56.31 12
2 Hunter Miller	11	Mounds View	1:58.08 10
3 Tate McDonald	12	Mounds View	1:59.84 8
4 Cooper Anderson	10	Champlin Par	2:01.61 6
5 Ben Sanvik	12	Osseo	2:01.98 5
6 Emery Klein	12	Mounds View	2:04.65 4

MSHSL Section 5AAA Championships
Forest Lake HS - 5/27/2026 to 5/29/2026

Results**Finals ... (Boys 800 Meter Run)**

Name	Yr	School	Finals
7 Jakob Browers	9	Park Center	2:04.88 3
8 Eli Berg	11	Osseo	2:11.16 2
--- Jolaun Lewis	12	Champlin Par	DQ

Boys 1600 Meter Run

Section: 4:08.35 S 2000 Nick Schneider

Name	Yr	School	Finals
Finals			
1 Lucas Capistrant	11	Maple Grove	4:21.94 12
2 Jacob Brown	12	Roseville Ar	4:23.15 10
3 Blake Beaver	11	Park Center	4:25.95 8
4 Zakariya Mohamed	12	Champlin Par	4:27.56 6
5 Samuel Sparks	10	Mounds View	4:35.39 5
6 David Mueller	10	Spring Lake	4:35.69 4
7 Grant Smith	10	Roseville Ar	4:35.82 3
8 Elliott Samuelson-Hamilto	11	Irondale	4:37.11 2
9 Nic Brandt	9	Spring Lake	4:37.80 1
10 Dallas Manhart	12	Maple Grove	4:38.78
11 Raleigh Rundquist	12	Osseo	4:41.54
12 Davin Christen	12	Osseo	4:41.61
13 Jackson Browers	11	Park Center	4:43.62
14 Matias Bender	10	Mounds View	4:43.99
15 Blake Frazer	12	Champlin Par	4:47.10
16 Nathan Berhane	12	Osseo	4:49.25
17 Lucas Vetter	12	Champlin Par	4:51.17
18 Daven Taylor	12	Irondale	4:52.86
19 Samuel Meier	12	Maple Grove	4:55.41
20 Colston Nelson	10	Irondale	4:57.83
21 John Anderson	10	Roseville Ar	5:13.94
22 Zubayr Mohamed	11	Spring Lake	5:19.71
23 Tyler Leebens	11	Park Center	5:29.95
--- William Drury	11	Mounds View	DQ

Boys 3200 Meter Run

Section: 9:01.00 S 2000 Nick Schneider

Name	Yr	School	Finals
Finals			
1 Lucas Capistrant	11	Maple Grove	9:27.19 12
2 Zakariya Mohamed	12	Champlin Par	9:29.45 10
3 Jacob Brown	12	Roseville Ar	9:51.46 8
4 Blake Beaver	11	Park Center	10:01.38 6
5 Grant Smith	10	Roseville Ar	10:05.27 5
6 Logan Knutson	10	Maple Grove	10:05.33 4
7 Grayson Then	12	Mounds View	10:07.98 3
8 Caleb Osterberg	12	Champlin Par	10:15.61 2
9 Nic Brandt	9	Spring Lake	10:17.28 1
10 Ismaeel Ahmed	10	Mounds View	10:18.14
11 Charlie Altstatt	10	Mounds View	10:19.83
12 David Mueller	10	Spring Lake	10:21.50
13 Jackson Browers	11	Park Center	10:23.35
14 Caelan Scott	9	Champlin Par	10:24.38
15 Elliott Samuelson-Hamilto	11	Irondale	10:39.82
16 Dallas Manhart	12	Maple Grove	10:53.25
17 Ben Lewis	9	Osseo	11:01.62

18 Omri Kordatzky	10	Irondale	11:03.88
19 Daven Taylor	12	Irondale	11:06.87
20 Calvin Moeckel	11	Roseville Ar	11:12.04
21 Odin Williams-Heim	9	Osseo	11:12.28
22 Charlie Fehrenbacher	8	Spring Lake	11:54.45
23 Finn Kinart	11	Park Center	12:30.36
--- Davin Christen	12	Osseo	DNF

Boys 110 Meter Hurdles

Section: 14.31 S 5/30/2025 Max Miley

Name	Yr	School	Prelims
Preliminaries			
1 Joshua Kolaru	12	Osseo	14.60QNW
2 Christopher Farombi	11	Irondale	14.79QNW
3 Ben Mugisa	12	Mounds View	14.91QNW
4 Zachary McKay	12	Irondale	14.92q NW
5 Lincoln Sheck	12	Spring Lake	14.94q NW
6 Insy Saengchantha	11	Champlin Par	14.95q NW
7 Rico Calvert Jr.	12	Park Center	15.07q NW
8 Keynan Allee	12	Maple Grove	15.25q NW
9 Samuel Soto	12	Irondale	15.51q NW
10 Max Ohmann	12	Mounds View	15.60 NW
11 Kevon Deloach	11	Champlin Par	15.60 NW
12 Carlos Dunbar	11	Osseo	15.64 NW
13 Ny'Shaun Robinson	12	Spring Lake	15.64 NW
14 Jordan Benson	11	Roseville Ar	15.90 NW
15 Miles Tangen	11	Maple Grove	16.00 NW
16 Case Wassink	11	Mounds View	16.11 NW
17 Kaiyan Umerah	12	Roseville Ar	16.17 NW
18 Mardhav Shriram	11	Maple Grove	16.32 NW
19 Louie Christian	12	Spring Lake	16.57 NW
20 Ryan Lam	12	Roseville Ar	17.02 NW
21 Joseph Willie	12	Osseo	17.19 NW
22 Augustine Nkwocha	9	Champlin Par	18.22 NW
--- Devontez Davis	12	Park Center	DQ NW

Boys 110 Meter Hurdles

Section: 14.31 S 5/30/2025 Max Miley

Name	Yr	School	Finals
Finals			
1 Joshua Kolaru	12	Osseo	14.39 12
2 Lincoln Sheck	12	Spring Lake	14.57 10
3 Christopher Farombi	11	Irondale	14.68 8
4 Ben Mugisa	12	Mounds View	14.75 6
5 Keynan Allee	12	Maple Grove	15.06 5
6 Insy Saengchantha	11	Champlin Par	15.12 4
7 Rico Calvert Jr.	12	Park Center	15.19 3
8 Zachary McKay	12	Irondale	15.23 2
9 Samuel Soto	12	Irondale	15.49 1

MSHSL Section 5AAA Championships
Forest Lake HS - 5/27/2026 to 5/29/2026

Results**Boys 300 Meter Hurdles**

Section: 37.80 S 2009 Snonsio Boys-Weah			
Name	Yr	School	Prelims
Preliminaries			
1 Joshua Kolaru	12	Osseo	38.35Q
2 Keynan Allee	12	Maple Grove	38.64Q
3 Zachary McKay	12	Irondale	39.93Q
4 Micah Goetz	12	Spring Lake	38.70q
5 Samuel Soto	12	Irondale	40.13q
6 Lincoln Sheck	12	Spring Lake	40.31q
7 Rico Calvert Jr.	12	Park Center	40.32q
8 Carlos Dunbar	11	Osseo	41.25q
9 Case Wassink	11	Mounds View	41.61q
10 Max Ohmann	12	Mounds View	42.13
11 Kevon Deloach	11	Champlin Par	42.15
12 Joseph Willie	12	Osseo	42.46
13 Isaiah Hoilien	11	Irondale	42.47
14 Devontez Davis	12	Park Center	43.08
15 Miles Tangen	11	Maple Grove	43.38
16 Louie Christian	12	Spring Lake	43.46
17 Ryan Lam	12	Roseville Ar	43.89
18 Isaac Richardson	10	Mounds View	44.83
19 Insy Saengchantha	11	Champlin Par	44.85
20 Alexander Thoen	10	Roseville Ar	45.26
21 Maxwell Poppenhagen	10	Champlin Par	46.54
22 Charles Cataldo	10	Maple Grove	46.86
23 Mason Kay	9	Roseville Ar	47.18

Boys 300 Meter Hurdles

Section: 37.80 S 2009 Snonsio Boys-Weah			
Name	Yr	School	Finals
Finals			
1 Joshua Kolaru	12	Osseo	38.10 12
2 Keynan Allee	12	Maple Grove	38.26 10
3 Micah Goetz	12	Spring Lake	38.61 8
4 Samuel Soto	12	Irondale	38.67 6
5 Lincoln Sheck	12	Spring Lake	40.15 5
6 Rico Calvert Jr.	12	Park Center	40.50 4
7 Zachary McKay	12	Irondale	40.59 3
8 Carlos Dunbar	11	Osseo	40.90 2
9 Case Wassink	11	Mounds View	40.93 1

Boys 4x100 Meter Relay

Section: 41.89 S 6/2/2023 Champlin Park			
Team	Relay	Finals	
Finals			
1 Maple Grove		41.54S	12
1) Drake Wegscheid 12	2) Cole Kalkwarf 11		
3) Benjamin Hager 9	4) Jon Lunde 12		
2 Mounds View		42.27	10
1) Cayden Tran 12	2) Weston Kuchar 12		
3) Ben Mugisa 12	4) Godson Rufus-Okomhanru 1		

3 Osseo	42.48	8
1) Jordan Oghumah 11	2) Paul Faleke 11	
3) Praise Babalola 11	4) Makhi Clerk 12	
4 Champlin Park	42.76	6
1) Trace Fitzgerald 11	2) Mario Robinson 10	
3) Christian Gulyard 11	4) Amir Rogers 9	
5 Spring Lake Park	43.35	5
1) Emmanuel Monluo 12	2) Jonathan Smith 12	
3) Samuel Wolde 10	4) Jamal Smith 12	
6 Park Center	44.12	4
1) Andre Nelson 10	2) Chestine Thomas 12	
3) Nataniel Gazamoundiou 12	4) Adebayo Adesina 12	
7 Irondale	45.14	3
1) Ethan Johnson 11	2) Benjamin Schardin 12	
3) Jontaye Anderson 12	4) Zion Trice-pratt 11	
--- Roseville Area	DQ	
1) Quinton White 10	2) Micah Weaver Olson 10	
3) Amos Hanson 11	4) Luke Montzka 12	

Boys 4x200 Meter Relay

Section: 1:27.10 S 5/31/2024 Mounds View			
E Zhao, C Fellman, S Simone, G Rufus-Okomhanru	Team	Relay	Finals
Finals			
1 Mounds View		1:27.51	12
1) Kaeden Saunders 10	2) Weston Kuchar 12		
3) Ben Mugisa 12	4) Godson Rufus-Okomhanru 1		
2 Irondale		1:28.59	10
1) Wyatt Jensen 12	2) Anthony Kappenman 12		
3) Zachary McKay 12	4) Jace Gryniewski 12		
3 Spring Lake Park		1:29.91	8
1) Emmanuel Monluo 12	2) Micah Goetz 12		
3) Richard Ogunjinmi 11	4) Cameron Stewart 12		
4 Maple Grove		1:31.20	6
1) Gabriel Stevenson 12	2) Ethan Mannel 11		
3) Kyle Warner 9	4) Samuel Jacobson 11		
5 Champlin Park		1:31.50	5
1) Jonah Perrozzi 11	2) Christopher Nkwocha 12		
3) Jayvin Fully 11	4) Keegan Lane 11		
6 Osseo		1:32.29	4
1) DeAndre Smith 12	2) Malachi Kpou 10		
3) Micah Kpou 9	4) Paul Faleke 11		
7 Roseville Area		1:32.83	3
1) Nicholas Cooper 10	2) Luke Montzka 12		
3) Amos Hanson 11	4) William Van Voorst 11		
8 Park Center		1:34.58	2
1) Adebayo Adesina 12	2) Chestine Thomas 12		
3) Levi Boehler 11	4) Andre Nelson 10		

Boys 4x400 Meter Relay

Section: 3:21.11 S 2018 Mounds View			
Team	Relay	Finals	
Finals			
1 Mounds View		3:24.32	12
1) Preston Johnson 11	2) Rowan Hansing 10		
3) Charlie Bickford 10	4) Beckett Koons 12		

MSHSL Section 5AAA Championships
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Results

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals
2 Maple Grove		3:25.72 10
1) Keynan Allee 12	2) Brody Ebel 10	
3) Daniel Sher 11	4) Benjamin Mulawarman 12	
3 Spring Lake Park		3:25.79 8
1) Kieran Mccarthy 12	2) Micah Goetz 12	
3) Richard Ogunjinmi 11	4) Lincoln Sheck 12	
4 Champlin Park		3:28.93 6
1) Jonah Perrozzi 11	2) Matthew Mayo 12	
3) Baylor Dwinal 11	4) Jolaun Lewis 12	
5 Park Center		3:29.40 5
1) Prince Axel-Assogba 10	2) Adriel Zekpa 11	
3) Archibald Weah 11	4) Blake Beaver 11	
6 Irondale		3:29.78 4
1) Abu-bakar Abdulalam 12	2) Shane Madison 10	
3) Samuel Soto 12	4) Isaiah Hoilien 11	
7 Roseville Area		3:33.21 3
1) Nicholas Cooper 10	2) Evan Brigger 10	
3) Amare Evans 10	4) William Van Voorst 11	
--- Osseo		DNF
1) Amir El-Hage 11	2) Austin Olson 12	
3) Joshua Kolaru 12	4) Asad Farah 12	

Boys 4x800 Meter Relay

Section: 7:53.17 S 5/31/2024 Osseo

Q Rundquist, B Sanvik, E Peter, C Sanvik

Team	Relay	Finals
1 Mounds View		7:59.08 12
1) Jackson Ashbach 12	2) Emery Klein 12	
3) Joey McVean 12	4) Tate McDonald 12	
2 Roseville Area		8:00.70 10
1) Jonas Olson 12	2) Lucas Betterman 11	
3) Hugh Zupancich 11	4) Jamal Wamah 10	
3 Champlin Park		8:01.70 8
1) Jolaun Lewis 12	2) Caleb Osterberg 12	
3) Blake Frazer 12	4) Lucas Vetter 12	
4 Osseo		8:03.11 6
1) Raleigh Rundquist 12	2) Eli Berg 11	
3) Ben Sanvik 12	4) Asad Farah 12	
5 Maple Grove		8:40.10 5
1) Daniel Sher 11	2) Liam Mckessock 9	
3) Samuel Meier 12	4) Benjamin Mulawarman 12	
6 Spring Lake Park		8:48.51 4
1) Nathaniel Kosbab 12	2) Samuel Blomquist 10	
3) Ezekial Larson 11	4) Cooper Herzog 11	
7 Park Center		9:00.30 3
1) Jonathan Dawodo 10	2) Daniel Carbajal 12	
3) Aiman Ali 10	4) Kevin Knutson 11	
8 Irondale		9:06.01 2
1) Oliver O'Donnell 10	2) Parker Nguyen 9	
3) Omri Kordatzky 10	4) Isaac Jasper 9	

Boys High Jump

Section: 6-10.50 S 1995

Marcus Westberry

Name	Yr	School	Finals
Finals			
1 Jordan Benson	11	Roseville Ar	6-05.00 12
2 Tony Brown	10	Park Center	6-02.00 10
3 Eiza Ojo	12	Osseo	6-02.00 8
4 Isaiah Badejo	11	Spring Lake	6-02.00 6
5 Lewis Doncavage	11	Irondale	6-02.00 4.5
5 Weston Kuchar	12	Mounds View	6-02.00 4.5
7 Losay Kimba	10	Irondale	6-02.00 3
8 Nick Slagle	10	Mounds View	5-10.00 2
9 Nicolas Nacusi	11	Mounds View	5-10.00 1
10 Camron Carr	12	Park Center	5-10.00
11 Kaiyan Umerah	12	Roseville Ar	5-08.00
11 Nicholas Keenan	12	Champlin Par	5-08.00
13 Jaylen Weatherspoon	10	Champlin Par	5-08.00
14 Kevin Yevu	11	Champlin Par	5-08.00
14 Vincent Krebs	11	Maple Grove	5-08.00
--- Jarren Pratt-Jackson Jr	11	Spring Lake	NH
--- Connor Albers	12	Osseo	NH
--- Ethan Gezella	12	Maple Grove	NH
--- Micah Griffin	11	Irondale	NH
--- Carter Brenden	12	Roseville Ar	DNS

Boys Pole Vault

Section: 15-00 S 2012

Jagger Gran

Name	Yr	School	Finals
Finals			
1 Ryan Wirrer	12	Mounds View	15-00.00S 12
2 Sawyer Klejeski	11	Spring Lake	13-04.00 10
3 Jeremy Purkat	11	Champlin Par	13-04.00 8
4 Gavin Nelson	12	Maple Grove	12-10.00 6
5 Vincente Santiago	11	Spring Lake	12-10.00 5
6 Raleigh Rundquist	12	Osseo	12-04.00 4
7 Henry Habeck	11	Irondale	12-04.00 3
8 Emmitt White	11	Maple Grove	11-10.00 2
9 Grayson Wolf	11	Champlin Par	11-04.00 1
10 Carsten Ronken	9	Maple Grove	10-10.00
10 Lucas Vandal	11	Champlin Par	10-10.00
12 Kellan Hauwiller	11	Osseo	10-10.00
13 Edward Gaulke	12	Mounds View	10-04.00
--- Charles Anderson	11	Irondale	NH
--- Yeshua Diaz	11	Irondale	NH
--- Davin Christen	12	Osseo	NH
--- Eray Akkin	9	Mounds View	NH
--- Ethan Corpus	9	Spring Lake	NH
--- Trapic Witteveen	11	Park Center	DNS

Boys Long Jump

Section: 24-11 S 6/2/2023

Juriad Hughes Jr.

Name	Yr	School	Finals
Finals			
1 Isaiah Badejo	11	Spring Lake	23-02.75 12
2 Ben Mugisa	12	Mounds View	22-11.00 10

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Finals ... (Boys Long Jump)

	Name	Yr	School	Finals	
3	Michael Criswell	11	Osseo	22-05.00	8
4	Nicholas Keenan	12	Champlin Par	22-01.00	6
5	Keynan Allee	12	Maple Grove	21-10.75	5
6	Samuel Koch	12	Mounds View	21-10.00	4
7	Cole Kalkwarf	11	Maple Grove	21-09.00	3
8	Rico Calvert Jr.	12	Park Center	21-04.25	2
9	Joseph Jacobs	11	Park Center	21-04.25	1
10	Jontaye Anderson	12	Irondale	21-01.00	1.6
11	Ikem Ogbe	12	Osseo	20-09.25	1.2
12	Miles Felton	11	Champlin Par	20-06.00	1.4
13	Amos Hanson	11	Roseville Ar	20-04.25	1.7
14	Zaavan Powell	12	Champlin Par	20-03.25	+0.0
15	Quinton White	10	Roseville Ar	20-00.00	+0.0
16	Micah Kpou	9	Osseo	19-10.75	0.2
17	Wellington Chesson	11	Spring Lake	19-06.75	1.3
18	Rylan Olmstead	11	Maple Grove	19-06.75	+0.0
19	Alexander Wynia	9	Spring Lake	19-05.50	0.6
20	Mustafa Kabba	11	Mounds View	19-03.50	1.3
21	Micah Griffin	11	Irondale	19-03.25	1.0
22	Joseph Young	12	Irondale	18-10.50	0.1
---	Amiyr Hollie	11	Park Center	FOUL	
---	Cayden Lorenzi	10	Roseville Ar	DNS	NWI

Boys Triple Jump

	Section:	46-08 S 1995	Marcus Westberry	
	Name	Yr	School	Finals
1	Jamal Wamah	10	Roseville Ar	46-06.75 12
2	Isaiah Badejo	11	Spring Lake	45-00.00 10
3	Cameron Stewart	12	Spring Lake	44-11.50 8
4	Rico Calvert Jr.	12	Park Center	44-11.00 6
5	Augustine Nkwocha	9	Champlin Par	43-10.00 5
6	Amiyr Hollie	11	Park Center	41-10.50 4
7	Micah Kpou	9	Osseo	41-09.50 3
8	Micah Griffin	11	Irondale	41-01.50 2
9	Ikem Ogbe	12	Osseo	40-08.50 1
10	Leyton Ullery	12	Champlin Par	40-02.00 0.6
11	Ethan Canas	10	Mounds View	40-00.00 2.3
12	Olatooni Olayinka	10	Champlin Par	39-11.50 1.4
13	Justin Elliott	11	Mounds View	39-09.50 0.7
14	Losay Kimba	10	Irondale	39-08.50 +0.0
15	Maurice Barr	11	Park Center	39-08.50 2.4
16	Vincent Krebs	11	Maple Grove	39-01.50 0.4
17	Ethan Gezella	12	Maple Grove	38-08.50 1.3
18	Jack Fredricks	11	Irondale	37-07.00 1.3
19	Nicholas Cooper	10	Roseville Ar	37-06.50 +0.0
20	Rylan Olmstead	11	Maple Grove	37-03.00 0.9
21	Paul Phillips	9	Mounds View	37-02.00 +0.0
22	Alexander Wynia	9	Spring Lake	35-10.00 0.6
23	Micah Weaver Olson	10	Roseville Ar	34-08.50 1.0
---	Musa Traore	12	Osseo	FOUL

Boys Shot Put

	Section:	58-11 S 1978	Tim Biegert	
	Name	Yr	School	Finals
1	Robert Essie	12	Mounds View	53-09.50 12
2	Kevin Kieh	12	Osseo	53-03.00 10
3	Oluwatobiloba Adekunle-a	12	Irondale	51-07.00 8
4	Austin Holt	11	Spring Lake	51-00.50 6
5	Maxwell Hoerneman	11	Mounds View	49-06.00 5
6	Ebin Bastiansen	11	Champlin Par	48-08.00 4
7	Samuel Wahlberg	10	Mounds View	48-05.00 3
8	Isaac Olson	12	Spring Lake	48-03.50 2
9	Jaxson Drum	12	Spring Lake	48-01.00 1
10	Alexander Dolo	10	Park Center	45-10.00
11	Tyler Rozier	10	Irondale	43-06.00
12	Porter Emerson	12	Maple Grove	43-03.50
13	James Cooper	11	Champlin Par	43-03.50
14	Mckintoush Williams	12	Osseo	43-02.00
15	Payton Loftus	11	Champlin Par	43-01.50
16	Alfredo Barraza Leon	11	Roseville Ar	40-08.75
17	Samuel Fromm	11	Roseville Ar	40-08.00
18	Kyrie Hintzman	10	Maple Grove	40-08.00
19	Dante Pietrini	11	Maple Grove	40-07.00
20	Miles Maxey	12	Park Center	40-01.50
21	Charles Oware-Abum	10	Park Center	39-02.50
22	Vincent Aguilar	11	Osseo	34-11.00
---	Isaac Holmberg	12	Roseville Ar	DQ
---	Hunter Moore	12	Irondale	DQ

Boys Discus Throw

	Section:	179-11 S 2015	Terrance Howard	
	Name	Yr	School	Finals
1	Austin Holt	11	Spring Lake	153-06 12
2	Jaxson Drum	12	Spring Lake	152-09 10
3	Alex Isabel	11	Mounds View	145-09 8
4	Porter Emerson	12	Maple Grove	145-05 6
5	Kyrie Hintzman	10	Maple Grove	142-03 5
6	Ebin Bastiansen	11	Champlin Par	140-03 4
7	Jack Frye	11	Mounds View	140-01 3
8	Samuel Wahlberg	10	Mounds View	137-03 2
9	Axel Stephens	12	Roseville Ar	133-09 1
10	Oluwatobiloba Adekunle-a	12	Irondale	126-09
11	Collin Oelrich	12	Park Center	117-09
12	Dakagar Johnson	12	Park Center	117-01
13	Tyler Rozier	10	Irondale	116-07
14	Payton Loftus	11	Champlin Par	112-01
15	Alfredo Barraza Leon	11	Roseville Ar	111-10
16	Liam Stichter	11	Osseo	101-09
17	Marcus Johnson	11	Osseo	100-03
18	Alexander Dolo	10	Park Center	97-03
19	Carter Engel	9	Maple Grove	86-06
---	Jamy Murray	10	Champlin Par	FOUL
---	Hunter Moore	12	Irondale	DNS
---	Austin Hente	10	Osseo	DNS

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Finals ... (Boys Discus Throw)

	Name	Yr	School	Finals
---	Andrew Moteberg	11	Spring Lake	DNS
---	Isaac Holmberg	12	Roseville Ar	DNS

Women - Team Rankings - 18 Events Scored

1)	Mounds View	181.5
2)	Roseville Area	161
3)	Maple Grove	154.5
4)	Osseo	126.5
5)	Park Center	105
6)	Irondale	75
7)	Spring Lake Park	71.5
8)	Champlin Park	31

Men - Team Rankings - 18 Events Scored

1)	Mounds View	174.5
2)	Spring Lake Park	151
3)	Maple Grove	135
4)	Osseo	119
5)	Irondale	91.5
6)	Champlin Park	86
7)	Roseville Area	85
8)	Park Center	65